

prathamah samādhi-pādah |

atha yogānuśāsanam ||1||

yogaś citta-vṛtti-nirodhaḥ ||2||

tadā draṣṭuḥ svarūpe'vasthānam ||3||

vṛtti-sārūpyam itaratra ||4||

vṛttayaḥ pañcatayyaḥ kliṣṭā akliṣṭāḥ ||5||

pramāṇa-viparyaya-vikalpa-nidrā-smṛtayaḥ ||6||

pratyakṣānumānāgamāḥ pramāṇāni ||7||

viparyayo mithyā-jñānam atad-rūpa-pratiṣṭham ||8||

śabda-jñānānupātī vastu-śūnyo vikalpaḥ ||9||

abhāva-pratyayālambanā vṛttir nidrā ||10||

anubhūta-viśayāsampramośaḥ smṛtiḥ ||11||

abhyāsa-vairāgyābhyām tan-nirodhaḥ ||12||

tatra sthitau yatno'bhyāsaḥ ||13||

sa tu dīrgha-kāla-nairantarya-satkārāsevito dr̥ḍha-bhūmiḥ ||14||

dr̥ṣṭānuśravika-viśaya-vitr̥ṣṇasya vaśikāra-samjñā vairāgyam ||15||

tat-param puruṣa-khyāter guṇa-vaitr̥ṣṇyam ||16||

vitarka-vicārānandāsmītārūpānugamāt samprajñātaḥ ||17||

virāma-pratyayābhyāsa-pūrvāḥ samskāra-śeṣo'nyāḥ ||18||

bhava-pratyayo videha-prakṛti-layānām ||19||

śraddhā-vīrya-smṛti-samādhi-prajñā-pūrvaka itareṣām ||20||

tīvra-samvegānām āsannaḥ ||21||

mṛdu-madhyādhi-mātratvāt tato'pi viśeśaḥ ||22||

īśvara-praṇidhānād vā ||23||

kleśa-karma-vipākāśayair aparāmṛtaḥ puruṣa-viśeśa īśvaraḥ ||24||

tatra niratiśayam sarvajñatva-bījam ||25||

sa pūrveṣām api guruḥ kālenānavacchedāt ||26||

tasya vācakaḥ praṇavaḥ ||27||

taj-japas tad-artha-bhāvanam ||28||

tataḥ pratyak-cetanādhigamo'py antarāyābhāvaś ca ||29||

vyādhi-styāna-samśaya-pramādālasya virati-bhrānti-darśanālabdha-

bhūmikatvānavasthitatvāni citta-vikṣepās te'ntarāyāḥ ||30||

duḥkha-daurmanasyāṅgam ejayatva-śvāsa-praśvāsā vikṣepa-saha-bhuvāḥ ||31||

tat-pratiśedhārtham eka-tattvābhyāsaḥ ||32||

maitrī-karuṇā-muditopekṣaṇām sukha-duḥkha-puṇyāpuṇya-viśayāṇām bhāvanātaś citta-prasādanam ||33||

pracchardana-vidhāraṇābhyām vā prāṇasya ||34||

viśayavatī vā pravṛttir utpannā manasaḥ sthiti-nibandhinī ||35||

viśokā vā jyotiṣmatī ||36||

vīta-rāga-viśayām vā cittam ||37||

svapna-nidrā-jñānālambanām vā ||38||

yathābhimata-dhyānād vā ||39||

paramāṇu parama-mahattvānto'sya vaśikāraḥ ||40||

kṣiṇa-vṛtter abhijātasyeva maṇer grahitr-grahaṇa-grāhyeṣu tat-stha-tad-añjanatā-samāpattiḥ ||41||

tatra śabdārtha-jñāna-vikalpaiḥ samkīrṇā savitarkā samāpattiḥ ||42||

smṛti-pariśuddhau svarūpa-śūnyevārtha-mātra-nirbhāsā nirvitarkā ||43||

etayaiva savicārā nirvicārā ca sūkṣma-viśayā vyākhyātā ||44||

sūkṣma-viśayatvam cālīṅga-paryavasānam ||45||

tā eva sa-bījaḥ samādhiḥ ||46||

nirvicāra-vaiśāradye'dhyātma-prasādaḥ ||47||

rtambharā tatra prajñā ||48||

śrutānumāna-prajñābhyām anya-viśayā viśeṣārthatvāt ||49||

taj-jah samskāro'nya-samskāra-pratibandhī ||50||

tasyāpi nirodhe sarva-nirodhān nirbījaḥ samādhiḥ ||51||

iti patañjali-viracite yoga-sūtre prathamah samādhi-pādah |

dvitīyah sādhana-pādah |

tapahsvādhyāyeśvarapraṇidhānāni kriyāyogaḥ ||1||

samādhībhāvanārthāḥ kleśatanūkaraṇārthāś ca ||2||
 avidyāsmītā-rāga-dveṣābhīniveśāḥ kleśāḥ ||3||
 avidyā kṣetram uttareṣāṃ prasuptatanuvicchinodārāṇām ||4||
 anityāśuciduḥkhānātmasu nityāśucisukhātmakhyātiravidyā ||5||
 dīrḡdarśanaśaktyorekātmatevāsmītā ||6||
 sukhānuśayī rāgaḥ ||7||
 duḥkhānuśayī dveṣaḥ ||8||
 svarasavāhī viduṣo'pi tathārūḍho bhīniveśaḥ ||9||
 te pratiprasavaheyāḥ sūkṣmāḥ ||10||
 dhyānaheyāstadvṛttayaḥ ||11||
 kleśamūlāḥ karmāśayo dr̥ṣṭādr̥ṣṭajanmavedanīyāḥ ||12||
 sati mūle tadvipāko jātyāyurbhogāḥ ||13||
 te hlādaparītāpaphalāḥ puṇyāpuṇyahetuvāt ||14||
 pariṇāmatāpasamṣkāraduḥkhairguṇavṛttivirodhāc ca duḥkham
 eva sarvaṃ vivekināḥ ||15||
 heyam duḥkham anāgatam ||16||
 draṣṭṛdr̥śyayoh samyogo heyahetuḥ ||17||
 prakāśakriyāsthitiśīlam bhūtendriyātmakaṃ bhogāpavargārtham dr̥śyam ||18||
 viśeṣāviśeṣalīṅgamātrālīṅgāni guṇaparvāṇi ||19||
 draṣṭā dr̥śimātraḥ śuddho'pi pratyayānupaśyaḥ ||20||
 tadartha eva dr̥śyasyātmā ||21||
 kṛtārtham prati naṣṭam apyanaṣṭam tadanyasādhāraṇatvāt ||22||
 svasvāmīśaktyoh svarūpopalabdhihetuḥ samyogah ||23||
 tasya heturavidyā ||24||
 tadabhāvāt samyogābhāvo hānam | taddr̥śeh kaivalyam ||25||
 vivekakhyātiraviplavā hānopāyah ||26||
 tasya saptadhā prāntabhūmih prajñā ||27||
 yogāṅgānuṣṭhānād aśuddhikṣaye jñānadīptirā
 vivekakhyāteh ||28||
 yamanīyamāsanaprāṇāyāmapratyāhārādhāraṇādhyānasamādhayo'sṭāva aṅgāni ||29||
 ahiṃsāsātyāsteyabrahmacaryāparigrahā yamāḥ ||30||
 jātideśakālasamayānavacchinnāḥ sārvaḥāumā mahāvratam ||31||
 śaucasamtoṣatapaḥsvādhyāyeśvarapraṇidhānāni niyamāḥ ||32||
 vitarkabādhane pratipakṣabhāvanam ||33||
 vitarkā hiṃsādayaḥ kṛtakāritānumoditā lobhakrodhamohapūrvakā mṛdumadhyādhimātrā
 duḥkhājñānānantaphalā iti pratipakṣa-bhāvanam ||34||
 ahiṃsāpratiṣṭhāyām tatsannidhau vairatyāgaḥ ||35||
 satyapraṭiṣṭhāyām kriyāphalāśrayatvam ||36||
 asteyapraṭiṣṭhāyām sarvaratnopasthānam ||37||
 brahmacaryapraṭiṣṭhāyām vīryalābhah ||38||
 aparigrahasthairye janmakathamtāsambodhah ||39||
 śaucāt svāṅgajugupsā parairasamṣargaḥ ||40||
 sattvaśuddhisaumanasyaikāgryendriyajayātmadarśanayogyatvāni ca ||41||
 samtoṣād anuttamah sukhālābhah ||42||
 kāyendriyasiddhiraśuddhikṣayāt tapasaḥ ||43||
 svādhyāyād iṣṭadevatāsamprayogaḥ ||44||
 samādhisiddhirīśvarapraṇidhānāt ||45||
 sthīrasukham āsanam ||46||
 prayatnaśaithilyānantasamāpattibhyām ||47||
 tato dvandvānabhighātaḥ ||48||
 tasmin sati śvāsapraśvāsayorgativicchedaḥ prāṇāyāmah ||49||
 bāhyābhyantarastambhavṛttiḥ deśakālasamkhyābhiḥ
 paridr̥ṣṭo dīrghasūkṣmah ||50||
 bāhyābhyantaraviśayākṣepī caturthaḥ ||51||
 tataḥ kṣīyate prakāśāvaraṇam ||52||
 dhāraṇāsu ca yogyatā manasaḥ ||53||
 svasvaviśayāsamprayoge cittasya svarūpānukāra ivendriyāṇām pratyāhārah ||54||
 tataḥ paramā vaśyatendriyāṇām ||55||

iti patañjali-viracite yoga-sūtre dvitīyah sādhanā-pādaḥ |

tr̥tīyah vibhūti-pādaḥ |

deśa-bandhāś cittasya dhāraṇā ||1||

tatra pratyayaikatānatā dhyānam ||2||
 tad evārthamātranirbhāsam svarūpaśūnyam iva samādhiḥ ||3||
 trayam ekatra samyamah ||4||
 tajjayāt prajñā|a|alokah ||5||
 tasya bhūmiṣu viniyogah ||6||
 trayam antaraṅgam pūrvebhyah ||7||
 tad api bahiraṅgam nirbījasya ||8||
 vyutthāna-nirodha-saṃskārayor abhibhava-prādurbhāvau nirodha-kṣaṇa-cittānvayo
 nirodha-pariṇāmah ||9||
 tasya prasānta-vāhitā saṃskārāt ||10||
 sarvārthataikāgratayoḥ kṣayodayau cittasya samādhi-pariṇāmah ||11||
 tataḥ punaḥ śāntoditau tulya-pratyayau cittasyaikāgratā-pariṇāmah ||12||
 etena bhūtendriyeṣu dharmā-lakṣaṇāvasthā-pariṇāmā vyākhyātāḥ ||13||
 śāntoditāvypadeśya-dharmānupātī dharmī ||14||
 kramānyatvam pariṇāmānyatve hetuḥ ||15||
 pariṇāma-traya-samyamād atītānāgata-jñānam ||16||
 śabdārtha-pratyayānām itaretarādhyāsāt saṃskarah | tat-pravibhāga-samyamāt
 sarva-bhūta-ruta-jñānam ||17||
 saṃskāra-sākṣat-karaṇāt pūrva-jāti-jñānam ||18||
 pratyayasya para-citta-jñānam ||19||
 na ca tat sālambanam, tasyāviśayībhūtāt ||20||
 kāyarūpasamyamāt tadgrāhyaśaktistambhe cakṣuḥprakāśāsamprayoge'ntardhānam ||
 21||
 etena śabdādyantardhānamuktam sopakramam nirupakramam ca karma| tatsamyamād
 aparāntajñānam, ariṣṭebhyo vā ||22||
 māitryādiṣu balāni ||23||
 baleṣu hastibalādīni ||24||
 pravṛttyālokanyāsāt sūkṣmavyavahitaviprakṛṣṭajñānam ||25||
 bhuvanajñānam sūrye samyamāt ||26||
 candre tāravyūhajñānam ||27||
 dhruve tadgatijñānam ||28||
 nābhicakre kāyavyūhajñānam ||29||
 kaṇṭhakūpe kṣutpipāsānivṛtṭiḥ ||30||
 kūrmanādyam sthairyam ||31||
 mūrdhajyotiṣi siddhadarśanam ||32||
 prātibhād vā sarvam ||33||
 hr̥daye cittasamvit ||34||
 sattvapuruṣayoratyantāsamkīrṇayoh pratyayāviśeṣo bhogah parārthatvāt
 svārthasamyamāt puruṣajñānam ||35||
 tataḥ prātibhaśrāvaṇavedanādarśāsavadavartā jāyante ||36||
 te samādhāv upasargā| vyutthāne siddhayah ||37||
 bandhakāraṇaśaithilyāt pracārasamvedanāc ca cittasya paraśarīrāveśah ||38||
 udānājayājjalapaṅkakaṇṭakādiṣvasaṅga utkrāntiśca ||39||
 samānājayāt prajvalanam ||40||
 śrotrākāśayoh saṃbandhasamyamād divyam śrotram ||41||
 kāyākāśayoh saṃbandhasamyamāl laghutūlasamāpatteścākāśagamanam ||42||
 bahirakalpitaḥ vṛttirmahāvidehā| tataḥ prakāśāvaraṇakṣayah ||43||
 sthūlasvarūpasūkṣmānvayārthavattvasamyamādbhūtajayah ||44||
 tato'ṇimādiprādurbhāvah kāyasampat taddharmānabhighātaś ca ||45||
 rūpalāvaṇyabalavajrasamhananatvāni kāyasampat ||46||
 grahaṇasvarūpāsmītanvayārthavattvasamyamād indriyajayah ||47||
 tato manojavitvam vikaraṇabhāvah pradhānajayaśca ||48||
 sattva-puruṣānyatā-khyāti-mātrasya sarva-bhāvādhiṣṭhātṛtvam sarva-jñātṛtvam ca ||
 49||
 tadvairāgyādapi doṣabījakṣaye kaivalyam ||50||
 sthāny-upanimantraṇe saṅga-smayākaraṇam punaḥ aniṣṭa-prasaṅgāt ||51||
 kṣaṇatatkramayoh samyamādavivekajam jñānam ||52||
 jātilakṣaṇadeśairanyatā|anavacchedāt tulyayostataḥ pratipattiḥ ||53||
 tārakam sarvaviśayam sarvathāviśayam akramam ceti vivekajam jñānam ||54||
 sattva-puruṣayoh śuddhi-sāmye kaivalyam iti ||55||

iti patañjali-viracite yoga-sūtre tṛtīyo vibhūtipādah

caturthaḥ kaivalya-pādah |

janmauśadhimantratapaḥsamādhijāḥ siddhayaḥ ||1||
 jātyantarapariṇāmaḥ prakṛtyāpūrāt ||2||
 nimittam aprayojakaṃ prakṛtīnām| varaṇabhedastu tataḥ kṣetrikavat ||3||
 nirmāṇacittānyasmitāmātrāt ||4||
 pravṛttibhede prayojakaṃ cittam ekam anekeṣām ||5||
 tatra dhyānajam anāśayam ||6||
 karmāśuklākṣṇaṃ yoginaḥ trividham itareṣām ||7||
 tatastadvipākānugūṇānām evābhivyaktirvāsanānām ||8||
 jātideśakālavayavahitānām apyānantaryaṃ,
 smṛtisaṃskārayoḥ ekarūpatvāt ||9||
 tāsām anāditvaṃ cāśiṣo nityatvāt ||10||
 hetuphalāśrayālabhanaiḥ saṃgr̥hītatvād eṣām abhāve tad-abhāvaḥ ||11||
 atītānāgataṃ svarūpato'styadhvabhedād dharmāṇām ||12||
 te vyaktasūkṣmā guṇātmanaḥ ||13||
 pariṇāmaikatvād vastutattvam ||14||
 vastuśāmye cittabhedāt tayorvibhaktāḥ panthāḥ ||15||
 na caikacittatantraṃ vastu tad apramāṇakaṃ tadā kiṃ syāt ||16||
 taduparāgāpekṣatvāt cittasya vastu jñātājñātam ||17||
 sadā jñātāścittavṛttayastatprabhoḥ puruṣasyāpariṇāmitvāt ||18||
 na tat svābhāsaṃdr̥śyatvāt ||19||
 ekasamaye cobhayānavadhāraṇam ||20||
 cittāntaradr̥śye buddhibuddheratiprasaṅgaḥ smṛtisaṃkaraśca ||21||
 citerapratisaṃkramāyāstadākārāpattau svabuddhisamvedanam ||22||
 draṣṭṛ-dr̥śyoparaktam̐ cittaṃ sarvārtham ||23||
 tad asaṃkhyeya-vāsanā-citram api parārthaṃ saṃhatya-kāritvāt ||24||
 viśeṣa-darśina ātma-bhāva-bhāvanā-vinivṛttiḥ ||25||
 tadā viveka-nimnaṃ kaivalya-prāg-bhāraṃ cittam ||26||
 tac-chidreṣu pratyayāntarāṇi saṃskārebhyaḥ ||27||
 hānam eṣāṃ kleśavad uktam ||28||
 prasaṃkhyāne'py akusīdasya sarvathāviveka-khyāter dharmameghaḥ samādhiḥ ||29||
 tataḥ kleśakarmanivṛttiḥ ||30||
 tadā sarvāvaraṇamalāpetasya jñānasyā|anantyājñeyam alpam ||31||
 tataḥ kṛtārthānām pariṇāmakramaparisaṃāptirguṇānām ||32||
 kṣaṇapratiyogī pariṇāmāparāntani{grā}|rhyaḥ kramaḥ ||33||
 puruṣārthaśūnyānām guṇānām pratiprasavaḥ kaivalyaṃ, svarūpapratīṣṭhā vā
 citiśaktireti ||34||

iti patañjali-viracite yoga-sūtre caturthaḥ kaivalyapādaḥ |

|| iti pātañjala-yoga-sūtrāṇi ||