

śvetāśvatara ūpaṇiṣad

auṃ | saha nāv avatu | saha nau bhunaktu |
saha vīryaṃ karavāvahai | tejasvi nāv adhītam astu | mā vidviśāvahai |

auṃ śāntiḥ śāntiḥ śāntiḥ

prathamo' dhyāyāḥ

hariḥ oṃ brahma-vādinō vadanti

kiṃ kāraṇaṃ brahma kutaḥ sma jātā
jīvāma kena kva ca saṃpratiṣṭhāḥ |
adhiṣṭhitāḥ kena sukhetareṣu
vartāmahe brahma-vido vyavasthām ||1||

kālaḥ svabhāvo niyatir yadṛcchā
bhūtāni yoniḥ puruṣa iti cintyā |
saṃyoga eśāṃ na tv ātma-bhāvād
ātmāpy anīśaḥ sukha-duḥkha-hetoḥ ||2||

te dhyāna-yogānugatā apaśyan
devātma-śaktiṃ sva-guṇair nigūḍhām |
yāḥ kāraṇāni nikhilāni tāni
kālātma-yuktāny adhitiṣṭhaty ekaḥ ||3||

tam eka-nemiṃ tri-vṛtaṃ ṣoḍaśāntaṃ
śatārdhāraṃ viṃśati-pratyarābhiḥ |
aṣṭakaiḥ ṣaḍbhir viśva-rūpaika-pāśaṃ
tri-mārga-bhedaṃ dvi-nimittaika-moham ||4||

pañca-sroto' mbuṃ pañca-yony-ugra-vakrāṃ
pañca-prāṇormiṃ pañca-buddhy-ādi-mūlām |
pañcāvartāṃ pañca-duḥkhaugha-vegāṃ
pañcāśad-bhedāṃ pañca-parvām adhīmaḥ ||5||

sarvājīve sarva-saṃsthe bṛhante
asmin haṃso bhrāmyate brahma-cakre |
pṛthag ātmānaṃ preritāraṃ ca matvā
juṣṭas tatas tenāmṛtatvam eti ||6||

udgītam etat paramaṃ tu brahma
tasmiṃs trayāṃ supратиṣṭhā' kṣaraṃ ca |
atrāntaraṃ brahma-vido viditvā
līnā brahmaṇi tat-parā yoni-muktāḥ ||7||

saṃyuktam etat kṣaram akṣaraṃ ca
vyaktāvyaktaṃ bharate viśvam īśaḥ |
anīśaś cātmā badhyate bhoktṛ-bhāvāj
jñātvā devaṃ mucyate sarva-pāśaiḥ ||8||

jñājñau dvāv ajāv īśanīśāv
ajā hy ekā bhoktṛ-bhogyārtha-yuktā |
anantaś cātmā viśva-rūpo hy akartā
trayaṃ yadā vindate brahman etat ||9||

kṣaraṃ pradhānam amṛtākṣaraṃ haraḥ
kṣarātmānāv īśate deva ekaḥ |
tasyābhidyānād yojanāt tattva-bhāvād
bhūyaś cānte viśva-māyā-nivṛttiḥ ||10||

jñātvā devaṃ sarva-pāśāpahāniḥ
kṣiṇaiḥ kleśair janma-mṛtyu-prahāṇiḥ |

tasyābhidyānāt tṛtīyaṃ deha-bhede
viśvaiśvaryaṃ kevala āpta-kāmaḥ ||11||

etaj jñeyaṃ nityam evātma-saṃsthaṃ
nātaḥ paraṃ veditavyaṃ hi kiñcit |
bhoktā bhogyaṃ preritāraṃ ca matvā
sarvaṃ proktaṃ trividhaṃ brahman etat ||12||

vahner yathā yoni-gatasya mūrtir
na dṛśyate naiva ca liṅga-nāśaḥ |
sa bhūya evendhana-yoni-gṛhyas
tad vobhayaṃ vai praṇavena dehe ||13||

sva-deham araṇiṃ kṛtvā praṇavaṃ cottarāraṇim |
dhyāna-nirmathanābhyāsād devaṃ paśyan nigūḍhvat ||14||

tileṣu tailaṃ dadhanīva sarpir
āpaḥ srotaḥsv araṇiṣu cāgniḥ |
evam ātmā'tmani gṛhyate'sau
satyenainaṃ tapasā yo'nupaśyati ||15||

sarva-vyāpinam ātmānaṃ kṣīre sarpir ivārpitam |
ātma-vidyā-tapo-mūlaṃ tad brahmopaniṣat param ||16||

tad brahmopaniṣat param ||

iti prathamo'dhyāyaḥ
||1||

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(2)
dvitīyo'dhyāyaḥ

yuñjanaḥ prathamam manas-tattvāya savitā dhiyaḥ |
agner jyotir nicāyā pṛthivyā adhyābharat ||1||1

yuktena manasā vyaṃ devasya savituh save |
suvargeyāya śaktyā ||2||2

yuktvāya manasā devān suvaryato dhiyā divam |
bṛhaj jyotiḥ kariṣyataḥ savitā prasuvāti tān ||3||3

yuñjate mana uta yuñjate dhiyo
viprā viprasya bṛhato vipaścitaḥ |
vi hotrā dadhe vayunāvid eka
inmahī devasya savituh pariṣṭutiḥ ||4||4

yuje vāṃ brahma pūrvyam namobhir
viśloka etu pathy eva sūreḥ |
śṛṇvantu viśve amṛtasya putrā
ā ye dhāmāni divyāni tasthuḥ ||5||5

agnir yatrābhimathyate vāyur yatrādhirudhyate |
somo yatrātiricyate tatra sañjāyate manaḥ ||6||

savitṛā prasavena juṣeta brahma pūrvyam |
yatra yoniṃ kṛṇavase na hi te pūrvam akṣipat ||7||

trir unnataṃ sthāpya samaṃ śarīraṃ
hṛdīndriyāṇi manasā sanniveśya |
brahmoḍupena pratareta vidvān
srotāṃsi sarvāṇi bhayāvahāni ||8||

prāṇān prapīḍyeha saṃyukta-ceṣṭaḥ

kṣiṇe prāṇe nāsikayocchvasīta |
duṣṭāśva-yuktaḥ iva vāham enaṃ
vidvān mano dhārayetāpramattaḥ ||9||

same śucau śarkarā-vahni-bālukā-
vivarjite śabda-jalāśrayādibhiḥ |
mano'nukūle na tu cakṣu-piḍane
guhā-nivātāśrayaṇe prayojayet ||10||

nīhāra-dhūmārkānilānalānāṃ
khadyota-vidyut-sphaṭika-śāśīnām |
etāni rūpāṇi puraḥ-sarāṇi
brahmaṇy abhivyakti-karāṇi yoge ||11||

pṛthivy-ap-tejo'nīla-khe samutthite
pañcātmake yoga-guṇe pravṛtite |
na tasya rogo na jarā na mṛtyuḥ
prāptasya yogāgni-mayaṃ śarīram ||12||

laghutvam ārogyam alolupatvam
varṇa-prasādaṃ svāra-sauṣṭhavaṃ ca |
gandhaḥ śubho mūtra-purīṣam alpam
yoga-pravṛttiṃ prathamāṃ vadanti ||13||

yathaiiva bimbaṃ mṛdayopalīptaṃ
tejo-mayaṃ bhrājate tat sudhāntam |
tad vātma-tattvaṃ prasamīkṣya dehī
ekaḥ kṛtārtho bhavate vīta-śokaḥ ||14||

yad ātma-tattvena tu brahma-tattvaṃ
dīpopameneha yuktaḥ prapaśyēt |
ajam dhruvaṃ sarva-tattvair viśuddhaṃ
jñātvā devaṃ mucyate sarva-pāśaiḥ ||15||

eṣa ha devaḥ pradiśo'nu sarvāḥ
pūrvo ha jātaḥ sa u garbhe antaḥ |
sa eva jātaḥ sa janiṣyamāṇaḥ
pratyañ janāṃs tiṣṭhati sarvato-mukhaḥ ||16||

yo devo agnau yo'psu
yo viśvaṃ bhuvanam āviveśa |
ya oṣadhīṣu yo vanaspatiṣu
tasmai devāya namo namaḥ ||17||

iti dvitīyo'dhyāyaḥ
||2||

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(3)
tṛtīyo'dhyāyaḥ

ya eko jālavān īśata īśanībhiḥ
sarvāṃl lokān īśata īśanībhiḥ |
ya evaika udhave sambhave ca
ya etad vidur amṛtās te bhavanti ||1||

eko hi rudro na dvitīyāya tasthur
ya imāṃl lokān īśata īśanībhiḥ |
pratyañ janāṃs tiṣṭhati sañcukocānta-kāle
saṃsṛjya viśvā bhuvanāni gopāḥ ||2||

viśvataś cakṣur uta viśvato-mukho
viśvato-bāhur uta viśvatas-pāt |

saṁ6 bāhubhyāṁ dhamati sampatatrair
dyāv-ābhūmī janayan deva ekaḥ ||3||7

yo devānāṁ prabhavaś codbhavaś ca
viśvādhipo rudro maharṣiḥ |
hiraṇyagarbhaṁ janayāmāsa pūrvaṁ
sa no buddhyā śubhayā saṁyunaktu ||4||

yā te rudra śivā tanūr aghorā'pāpa-kāśinī |
tayā nas tanuvā śantamayā giriśantābhicākaśiḥi ||5||8

yābhiṣuṁ giriśanta haste bibharṣy astave |
śivāṁ giritra tāṁ kuru mā hiṁsīḥ puruṣaṁ jagat ||6||9

tataḥ paraṁ brahma paraṁ bṛhantaṁ
yathānikāyaṁ sarva-bhūteṣu gūḍham |
viśvasyaikaṁ pariveṣṭitāram
īsaṁ taṁ jñātvā'mṛtā bhavanti ||7||

vedāham etaṁ puruṣaṁ mahāntam
āditya-varṇaṁ tamasaḥ parastāt |
tam eva viditvātīmṛtyum eti
nānyaḥ panthā vidyate'yanāya ||8||10

yasmāt paraṁ nāparam asti kiṁcid
yasmān nāṇiyo na jyāyo'sti kaścit |
vr̥kṣa iva stabdho divi tiṣṭhaty ekas
tenedaṁ pūrṇaṁ puruṣeṇa sarvam ||9||

tato yad uttarataraṁ tad arūpam anāmayaṁ |
ya etad vidur amṛtāste bhavanti athetare duḥkham evāpi yanti ||10||

sarvānana-śiro-grīvaḥ sarva-bhūta-guhāśayaḥ |
sarva-vyāpī sa bhagavāṁs tasmāt sarva-gataḥ śivaḥ ||11||

mahān prabhur vai puruṣaḥ sattvasyaiṣa pravartakaḥ |
sunirmalām imāṁ prāptim īśāno jyotir avyayaḥ ||12||

aṅguṣṭha-mātraḥ puruṣo'ntarātmā
sadā janānāṁ hṛdaye sanniviṣṭaḥ |
hṛdā maṇiṣoll manasābhikLpto
ya etad vidur amṛtās te bhavanti ||13||

sahasra-śīrṣā puruṣaḥ sahasrākṣaḥ sahasra-pāt |
sa bhūmiṁ viśvato vṛtvātyatiṣṭhad daśāṅgulam ||14||

puruṣa evedaṁ sarvaṁ yad bhūtaṁ yac ca bhavyam |
utāmṛtatvasyēśāno yad annenātirohati ||15||12

sarvataḥ pāṇi-pādaṁ tat sarvato'kṣi-śiro-mukham |
sarvataḥ śrutimal loke sarvam āvṛtya tiṣṭhati ||16||

sarvendriya-guṇābhāsaṁ sarvendriya-vivarjitam |
sarvasya prabhūm īśānaṁ sarvasya śaraṇaṁ bṛhat13 ||17||

nava-dvāre pure dehī haṁso lelāyate bahiḥ |
vaśī sarvasya lokasya sthāvarasya carasya ca ||18||

apāṇi-pādo javano grahītā
paśyaty acakṣuḥ sa śṛṇoty akarṇaḥ |
sa vetti vedyaṁ na ca tasyāsti vettā
tam āhur agryaṁ puruṣaṁ mahāntam ||19||

aṅor aṅiyān mahato mahiyān

ātmā guhāyām nihito'sya jantoh |
tam akratuh paśyati vīta-śoko
dhātuḥ prasādān mahimānam īśam ||20||14

vedāham etam ajaram purāṇam
sarvātmānam sarva-gatam vibhutvāt |
janma-nirodham pravadanti yasya
brahma-vādinō hi pravadanti nityam ||21||

iti t.rtiyo'dhyāyah
||3||

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(4)
caturtho'dhyāyah

ya eko'varṇo bahudhā śakti-yogād
varaṇān anekān nihitārtho dadhāti |
vi caiti cānte viśvam ādau sa devah
sa no buddhyā śubhayā samyunaktu ||1||

tad evāgnis tad ādityas
tad vāyus tad u candramāḥ |
tad eva śukram tad brahma
tad āpas tat prajāpatiḥ ||2||15

tvam strī pumān asi
tvam kumāra uta vā kumārī |
tvam jirṇo daṇḍena vañcasi
tvam jāto bhavasi viśvato-mukhaḥ ||3||16

nilaḥ pataṅgo harito lohitaśas
taḍḍid-garbha ṛtavaḥ samudrāḥ |
anādimat tvam vibhutvena vartase
yato jātāni bhuvanāni viśvā ||4||

ajām ekām lohita-śukla-kṛṣṇām
bahvīḥ prajāḥ sṛjamānām sa-rūpāḥ |
ajo hy eko juśamāno'nuśete
jahāty enām bhukta-bhogām ajo'nyah ||5||

dvā suparṇā sayujā sakhāyā
samānam vṛkṣam pariśasvajāte |
taylor anyah pippalam svādv atty
anaśnann anyo abhicākaśīti ||6||17

samāne vṛkṣe puruṣo nimagno'
nīśayā śocati muhyamānah |
juṣṭam yadā paśyaty anyam īśam
asya mahimānam iti vīta-śokah ||7||

ṛco akṣare parame vyoman
yasmin devā adhi viśve niśeduḥ |
yas tam na veda kim ṛcā kariśyati
ya it tad vidus ta ime samāsate ||8||18

chandāmsi yajñāḥ kratavo vratāni
bhūtam bhavyam yac ca vedā vadanti |
asmān māyī sṛjate viśvam etat
tasmiṣ cānyo māyayā sanniruddhaḥ ||9||

māyām tu prakṛtim vidyān māyinaṁ ca maheśvaram |
tasyāvayava-bhūtais tu vyāptam sarvam idaṁ jagat ||10||

yo yoniṃ yonim adhitiṣṭhaty eko
yasminn idam saṃ ca vicaiti sarvam |
tam iśānaṃ varadaṃ devam iḍyaṃ
nicāyyemāṃ śāntim atyantam eti ||11||

yo devānāṃ prabhavaś codbhavaś ca
viśvādhipo rudro maharṣiḥ |
hiraṇyagarbhaṃ paśyata jāyamānaṃ
sa no buddhyā śubhayā saṃyunaktu ||12||

yo devānām adhipo
yasmin lokā adhiśritāḥ |
ya iśe asya dvipadaś catuṣpadaḥ
kasmai devāya haviṣā vidhema ||13||

sūkṣmātisūkṣmaṃ kalilasya madhye
viśvasya sraṣṭāram aneka-rūpam |
viśvasyaikaṃ pariveṣṭitāram
jñātvā śivaṃ śāntim atyantam eti ||14||19

sa eva kāle bhuvanasya goptā
viśvādhipaḥ sarva-bhūteṣu gūḍhaḥ |
yasmin yuktā brahmarṣayo devatāś ca
tam evaṃ jñātvā mṛtyu-pāśāṃś chinatti ||15||

ghṛtāt paraṃ maṇḍam ivātisūkṣmaṃ
jñātvā śivaṃ sarva-bhūteṣu gūḍham |
viśvasyaikaṃ pariveṣṭitāram
jñātvā devaṃ mucyate sarva-pāśaiḥ ||16||

eṣa devo viśva-karmā mahātmā
sadā janānāṃ hṛdaye saṃniviṣṭaḥ |
hṛdā manīṣā manasābhikLpto
ya etad vidur amṛtās te bhavanti ||17||

yadā'tamas tan na divā na rātrir
na san na cāsac chiva eva kevalaḥ |
tad akṣaraṃ tat savitur vareṇyaṃ
prajñā ca tasmāt praṣṭā purāṇī ||18||

nainam ūrdhvaṃ na tiryāñcaṃ
na madhye na parijagrabhat |
na tasya pratimā asti
yasya nāma mahad yaśaḥ ||19||

na saṃdrśe tiṣṭhati rūpam asya
na cakṣuṣā paśyati kaścanainam |
hṛdā hṛdi-sthaṃ manasā ya enam
evaṃ vidur amṛtāste bhavanti ||20||

ajāta ity evaṃ kaścid bhīruḥ prapadyate |
rudra yat te dakṣiṇaṃ mukhaṃ tena māṃ pāhi nityam ||21||

mā nas toke tanaye mā na āyuṣi
mā no goṣu mā na aśveṣu rīriṣaḥ |
vīrān mā no rudra bhāmito
vadhīr haviṣmantaḥ sadāmit tvā havāmahe ||22||i

iti caturtho'dhyāyaḥ
||4||

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(5)

pañcamo' dhyāyah

dve akṣare brahma-pare tv anante
vidyāvidye nihite yatra gūḍhe |
kṣaram tv avidyā hy amṛtam tu vidyā
vidyāvidye īśate yas tu so'nyah ||1||

yo yoniṃ yonim adhitiṣṭhaty eko
viśvāni rūpāṇi yonīs ca sarvāḥ |
ṛṣiṃ prasūtam kapilam yas tam agre
jñānair bibharti jāyamānam ca paśyet ||2||

ekaika-jālam bahudhā vikurvann
asmin kṣetre samharaty eṣa devaḥ |
bhūyah ṛṣṭvā patayas tathesaḥ
sarvādhipatyaṃ kurute mahātmā ||3||

sarvā diśa ūrdhvam adhaś ca tiryak
prakāśayan bhrājate yad v anadvān |
evam sa devo bhagavān vareṇyo
yoni-svabhāvān adhitiṣṭhaty ekaḥ ||4||

yac ca svabhāvam pacati viśva-yoniḥ
pācyāmś ca sarvān pariṇāmayed yah |
sarvam etad viśvam adhitiṣṭhaty eko
guṇāmś ca sarvān viniyojayed yah ||5||

tad veda-guhyopaniṣatsu gūḍham
tad brahmā vedate brahma-yonim |
ye pūrvaṃ devā ṛṣayaś ca tad vidus
te tan-mayā amṛtā vai babhūvuh ||6||

guṇānvayo yah phala-karma-kartā
kṛtasya tasyaiva sa copabhoktā |
sa viśva-rūpas triguṇas trivartmā
prāṇādhipaḥ sañcarati sva-karmabhiḥ ||7||

aṅguṣṭha-mātro ravi-tulya-rūpaḥ
saṅkalpāhaṅkāra-samanvito yah |
buddher guṇenātma-guṇena caiva
ārāgra-mātro'py aparo'pi drṣṭaḥ ||8||

bālāgra-śata-bhāgasya śatadhā kalpitasya ca |
bhāgo jīvaḥ sa vijñeyaḥ sa cānantyāya kalpate ||9||

naiva strī na pumān eṣa na caivāyam napuṃsakaḥ |
yad yac charīram ādatte tena tena sa yujyate ||10||

saṅkalpana-sparśana-drṣṭi-mohair
grāsāmbu-vṛṣṭyātma-vivṛddhi-janma |
karmānugāny anukrameṇa dehī
sthāneṣu rūpāṇy abhisamprapadyate ||11||

sthūlāni sūkṣmāṇi bahūni caiva
rūpāṇi dehī sva-guṇair vr̥ṇoti |
kriyā-guṇair ātma-guṇaiś ca teṣāṃ
saṃyoga-hetur aparo'pi drṣṭaḥ ||12||

anādy-anantaṃ kalilasya madhye
viśvasya sraṣṭāram aneka-rūpam |
viśvasyaikam pariveṣṭitāram
jñātvā devaṃ mucyate sarva-pāśaiḥ ||13||

bhāva-grāhyam anīdākhyam bhāvābhāva-karam śivam |
kalā-sarga-karam devam ye vidus te jahus tanum ||14||

iti pañcamo'dhyāyah
||5||

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(6)
ṣaṣṭho'dhyāyah

svabhāvam eke kavayo vadanti
kālam tathānye parimuhyamānāḥ |
devasyaiṣa mahimā tu loke
yenedam bhrāmyate brahma-cakram ||1||

yenāvṛtam nityam idam hi sarvam
jñāḥ kāla-kālo guṇī sarva-vid yaḥ |
teneśitam karma vivartate ha
pṛthivy-ap-tejo'nila-khāni cintyam ||2||

tat karma kṛtvā vinivartya bhūyas
tattvasya tattvena sametya yogam |
ekena dvābhyām tribhir aṣṭabhir vā
kālena caivātma-guṇaiś ca sūkṣmaiḥ ||3||

ārabhya karmāṇi guṇānvitāni
bhāvāmś ca sarvān viniyojayed yaḥ |
teṣām abhāve kṛta-karma-nāśaḥ
karma-kṣaye yāti sa tattvato'nyah ||4||

ādiḥ sa saṃyoga-nimitta-hetuḥ
paras trikālād akalo'pi drṣṭaḥ |
tam viśva-rūpam bhava-bhūtam idyam
devam sva-citta-stham upāsya pūrvam ||5||

sa vṛkṣa-kālākṛtibhiḥ paro'nyo
yasmāt prapañcaḥ parivartate'yam |
dharmāvaham pāpa-nudam bhageśam
jñātvātma-stham amṛtam viśva-dhāma ||6||

tam īśvarāṇām paramam maheśvaram
tam devatānām paramam ca daivatam |
patim patinām paramam parastād
vidāma devam bhuvaneśam idyam ||7||

na tasya kāryam karaṇam ca vidyate
na tat-samaś cābhyadhikaś ca drśyate |
parāsya śaktir vividhaiva śrūyate
svābhāvikī jñāna-bala-kriyā ca ||8||

na tasya kaścit patir asti loke
na ceśitā naiva ca tasya liṅgam
sa kāraṇam karaṇādhipādhipo
na cāsya kaścij janitā na cādhipaḥ ||9||

yas tantu-nābha iva tantubhiḥ pradhānajaiḥ svabhāvataḥ |
deva ekaḥ svam āvṛṇoti sa no dadhātu brahmāpyayam ||10||

eko devaḥ sarva-bhūteṣu gūḍhaḥ
sarva-vyāpī sarva-bhūtāntarātmā |
karmādhyakṣaḥ sarva-bhūtādhivāsaḥ
sākṣī cetā kevalo nirguṇaś ca ||11||

eko vaśi niṣkriyāṇaṃ bahūnām
ekaṃ bījaṃ bahudhā yaḥ karoti |
tam ātma-sthaṃ ye'nupaśyanti dhīrās
teśāṃ sukhaṃ śāśvataṃ netareśāṃ ||12||

nityo nityānāṃ cetanaś cetanānām
eko bahūnāṃ yo vidadhāti kāmān |
tat kāraṇaṃ sāṅkhya-yogādhigamyam
jñātvā devaṃ mucyate sarva-pāśaiḥ ||13||

na tatra sūryo bhāti na candra-tāraḥ
nemā vidyuto bhānti kuto'yam agniḥ |
tam eva bhāntam anubhāti sarvaṃ
tasya bhāsā sarvam idaṃ vibhāti ||14||

eko haṃso bhuvanasyāśya madhye
sa evāgniḥ salile saṃniviṣṭaḥ
tam eva viditvātimṛtyum eti
nānyaḥ panthā vidyate'yanāya ||15||

sa viśva-kṛd viśva-vid ātma-yonir
jñāḥ kāla-kālo guṇī sarva-vid yaḥ |
pradhāna-kṣetra-jñā-patir guṇeśaḥ
saṃsāra-mokṣa-sṭhiti-bandha-hetuḥ ||16||

sa tan-mayo hy amṛta īśa-saṃstho
jñāḥ sarvago bhuvanasyāśya goptā |
ya īśe'sya jagato nityam eva
nānyo hetur vidyata īśanāya ||17||

yo brahmāṇaṃ vidadhāti pūrvam
yo vai vedāṃś ca prahiṇoti tasmai |
tam ha devaṃ ātma-buddhi-prakāśam
mumukṣur vai śaraṇam ahaṃ prapadye ||18||

niṣkalaṃ niṣkriyam śāntam niravadyam nirañjanam |
amṛtasya paraṃ setum dagdhendanam ivānalam ||19||

yadā carmavad ākāśam veṣṭayiśyanti mānavāḥ |
tadā devam avijñāya duḥkhasyānto bhaviśyati ||20||

tapah-prabhāvād deva-prasādāc ca
brahma ha śvetāśvataro'tha vidvān |
atyāśramibhyaḥ paramaṃ pavitraṃ
provāca samyag-ṛṣi-saṅgha-juṣṭam ||21||

vedānte paramaṃ guhyaṃ purā-kalpe pracoditam |
nāprasāntāya dātavyam nāputrāyāśiśyāya vā punaḥ ||22||

yasya deve parā bhaktiḥ yathā deve tathā gurau |
tasyaite kathitā hy arthāḥ prakāśante mahātmanaḥ ||23||

om saha nāv avatu saha nau bhunaktu saha vīryam karavāvahai
tejasvi nāvadhītam astu mā vidviśāvahai

om śāntiḥ śāntiḥ śāntiḥ

iti ṣaṣṭho'dhyāyaḥ

|| iti śvetāśvataropaniṣat sampūrṇā ||

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